



smoothie bowls[®]

A delicious blend of today's most popular fruit flavors in a single-serve frozen smoothie bowl.



pineapple mango banana



strawberry banana



mango pineapple

- Ready-to-serve. No labor required.
- Made with real fruit purée
- Fat, dairy, and cholesterol free
- Excellent source of Vitamin C

**CREDITS AS
½ CUP FRUIT**
per USDA
Meal Pattern
Requirements



Smoothie Bowls®

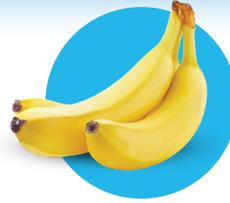
A perfect breakfast or snack any time of day. Just grab, thaw, and enjoy!



Most Popular Smoothie Flavors on US Menus⁽¹⁾



#1
Strawberry
93% Like/Love It



#2
Banana
90% Like/Love It



#3
Mango
80% Like/Love It



#4
Pineapple
90% Like/Love It

Source: 1) Datassential, 2024. (Likeability based on consumers who have tried ingredient.)

Nutrition Facts

	Case Code	Serving Size	Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Carbs (g)	Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Vitamin D % DV*	Calcium % DV*	Iron % DV*	Potassium % DV*	Vitamin C % DV*
Strawberry Banana Smoothie Bowls Strawberry Puree, Banana Puree, and Agave Syrup.	100-71202-00318-9	128g	100	0	0	0	0	25	2	18	10	<1	0	4	30	20	60
Mango Pineapple Smoothie Bowls Mango Puree, Pineapple Puree, and Agave Syrup.	100-71202-00505-3	128g	120	0	0	0	0	29	2	25	10	1	0	6	25	10	220
Pineapple Mango Banana Smoothie Bowls Pineapple Puree, Mango Puree, Agave Syrup, and Banana Puree.	100-71202-00506-0	128g	120	0	0	0	0	30	2	25	9	1	0	8	40	20	280

* Percentages based on the daily value of a 2,000 calorie diet.

Case Specifications

	Pack/Size	Case Dimensions	Case Weight (lb.)	Case Cube (ft.)	Per Case Pallet	Shelf Life
Strawberry Banana Smoothie Bowls	96/4.5 oz.	18.063 x 12.188 x 9.125"	30.40	1.162	56	1 year
Mango Pineapple Smoothie Bowls	96/4.5 oz.	18.063 x 12.188 x 9.125"	30.40	1.162	56	1 year
Pineapple Mango Banana Smoothie Bowls	96/4.5 oz.	18.063 x 12.188 x 9.125"	30.40	1.162	56	1 year

Visit www.dolefoodservice.com for recipes, product video overviews and offers or call 800-723-9868 to contact a Dole Representative.



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