



JACKFRUIT  
64%  
MENU  
GROWTH\*

\*Source: Datassential 4-Year  
Menu Growth, 2023.

# SHREDDED YOUNG GREEN JACKFRUIT IN BRINE

- Versatile meat alternative
- Pre-shredded for labor savings & ease of use
- Packed in brine for superior flavor
- 95 oz. BPA-free recyclable can
- Entire can cooks down to a 6" deep #6 pan

NEW!



## Did You Know?

Young green jackfruit provides a more **neutral flavor** than yellow jackfruit to allow for **more versatility** in the kitchen.

It's also the ideal texture for **meat alternative** or **plant-based recipes**.



JACKFRUIT TACOS WITH SMOKY MANGO SALSA



# PLANT-BASED

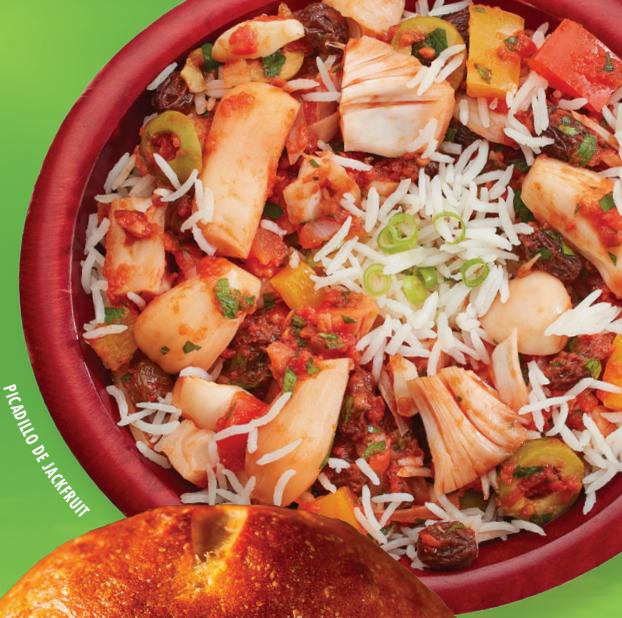
CLAIMS ARE PROJECTED TO GROW AN ASTOUNDING

**+1,477%\***



Take advantage of this trend with **PLANT-FORWARD VERSIONS** of your **top selling** menu items.

\*Source: Datassential 4-Year Menu Growth, 2023.



PICADILLO DE JACKFRUIT



BBQ JACKFRUIT SANDWICH



## Get to Know: JACKFRUIT

with Chef James Bickmore-Hutt



### Get to Know: Jackfruit

What is a jackfruit? How do you prepare it? What dishes can you make with it? Chef James has the answers.

**SCAN THE CODE TO WATCH.**

### Nutrition Facts

	Case Code	Serving Size	Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Potassium (mg)	Carbs (g)	Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Vitamin D % DV*	Calcium % DV*	Potassium % DV*	Iron % DV*
<b>Shredded Young Green Jackfruit</b> Jackfruit, Water, Salt and Citric Acid.	100-38900-02780-0	140g	25	0	0	0	360	110	5	3	1	0	1	0	2	2	0

\* Percentages based on the daily value of a 2,000 calorie diet.

### Case Specifications

	Pack/Size	Total oz.	Case Dimensions	Case Weight	Case Cube (ft.)	Per Case Pallet
<b>Shredded Young Green Jackfruit</b>	6/10#	95	18.500 x 12.500 x 7.000"	46 lbs.	0.940	48

### Want to know more?

Scan the code or visit [www.dolefoodservice.com/jackfruit](http://www.dolefoodservice.com/jackfruit). To contact a Dole representative, call 800-723-9868.



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